



No-one Goes Solo Support Program

- **Specifically tailored for women/men during a breast cancer diagnosis.**
- **Control your fears of Breast Cancer – Be empowered!**
- **Learn ways to improve your skin, body and mind. (reduce stress with yoga, dancing, and other fun stuff!)**
- **Enjoy some amazing crafts ~ Just for fun!**
- **Relax! Do this for YOURSELF!**
- **Meet some new friends embracing the same challenges.**

Support Program schedule:

September 10th,

October 8th, &

November 12th,

HealthSouth Rehabilitation Hospital

201 Medical Village Drive

Edgewood, KY 41017

1pm-2:30pm

Call now to reserve your spot!

Laura McGreevy

859-750-9659

* Transportation provided upon request